



Where you can find us

If you're interested in our services, ask your Nurse or Aboriginal Health Worker, and they will contact the team for you.

- **General information/management: 6272 9700**
240 Hardey Road, BELMONT
- **Bentley: 9458 4383**
22 Coolgardie Street, BENTLEY
- **Hilton: 6332 0100**
34 Paget Street, HILTON
- **Joondalup: 9400 9538**
22 Regents Park Road, JOONDALUP
- **Kwinana: 9419 2266**
1 Peel Row, KWINANA
- **Maddington: 6330 3110**
132 Westfield Street, MADDINGTON
- **Mandurah: 9586 4556**
112 Lakes Road, MANDURAH
- **Midvale: 9274 1641**
Unit 2/36 Mathoura Street, MIDVALE
- **Mirrabooka: 9345 7105**
Unit 4, 14 Chesterfield Road, MIRRABOOKA
- **Pinjarra: 9531 7293**
Murray Health Centre, McKay Street, PINJARRA

Call **6272 9700** for **general queries** about the Aboriginal Health Team.



This document can be made available in alternative formats on request for a person with a disability.

Please note: The use of the word Aboriginal includes both Aboriginal and Torres Strait Islander people.

This publication is provided for general education and information purposes. Contact a qualified healthcare professional for any medical advice needed.

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Produced by Child and Adolescent Health Service –
Community Health CAH-000859

Welcome to the
Aboriginal Health Team



Are you the parent or carer of an Aboriginal child?

You can choose the type of care you want, and who provides it.

- Your children can receive health services from a Child Health Nurse from birth to 2 years, then from School Health Nurses at school.
- Or you can receive additional services from birth until your child is 5, as well as additional support when your child is at school, from the Aboriginal Health Team.

Home visit

A Child Health Nurse will contact you to arrange a home visit within the first 14 days of birth.



Aboriginal Health Team

What we do

We provide culturally appropriate and sensitive health care by recognising the strengths and diversity of the Aboriginal community.

We work with Aboriginal families:

- by providing health care at home or at one of our clinics
- to help raise happy and healthy children. We can help with sleeping, feeding, temper tantrums and lots of other things.
- to become strong and healthy by helping you connect with other services if needed.

We have 9 teams at community health centres across Perth.

These teams have Aboriginal Health Workers and Child Health Nurses who provide specialised health services for Aboriginal families.



Additional services

Doctor

You can see a Doctor at our clinics. As we only have clinics with the Doctor once or twice a month, you need to see your regular doctor if you are worried about your health or your baby's health between clinics.

Health Promotion

Our Health Promotion team supports families by sharing ideas to get and stay healthy.

Aboriginal Children's Ear Health Clinic

If we find a problem during a health check, we will make an appointment for an Aboriginal Children's Ear Health Clinic. We hold a clinic at Armadale and Padbury every month.

Playgroups

We also run Aboriginal playgroups. Ask your nurse or Aboriginal Health Worker to find one closest to you.

Immunisation Clinics

There are Immunisation clinics across Perth. The Aboriginal Health Worker or Nurse will tell you where and when these clinics are.

Allied Health

Our Speech Pathologist and Occupational Therapist can help if your child has difficulties with:

- coordination and movement – crawling, walking, writing and drawing
- speech and language – problems saying, using and understanding sounds, words and sentences
- social and emotional skills, attention and behaviour – managing feelings and relating to others
- play, learning and everyday tasks – eating and dressing.

The Speech Pathologist, Occupational Therapist or Aboriginal Health Worker will give you ideas and activities to help your child's development at home.

If your child needs more help, we can make an appointment for you with the Child Development Service. If you want an Aboriginal Health Worker to be there with you, please ask.

