



Are you worried about your COVID-positive child?



You know your child best. If you are worried that your child is sicker, has severe symptoms or is behaving unusually, get help straight away.

Most children will have mild or no symptoms and the best treatment is to rest and recover at home. If your child is uncomfortable, treat them as you would with a cold or flu.



Contact your normal doctor or GP



Hard to breathe



Lightheaded or dizziness



More sleepy than usual



Pain or swelling in the legs



Pain that doesn't go away



Fever lasting more than five days



Dehydrated



Fever in a baby under 3 months old



Go to your nearest emergency department or call 000 if it is life threatening or urgent



Severe difficulty breathing



Confused, can't keep eyes open



Severe headache, chest or abdominal pain



Fainting or often feels like fainting



Skin cold, clammy, pale, spotted/patchy



Extremely weak and floppy



Lips or face turning blue