



Alia Abdi

Child and Adolescent Health Service
Community Ambassador

About me

I was born in New Zealand and come from a Somali, East African background. I am a disability advocate living with cerebral palsy, with over 10 years of experience advocating alongside people with disabilities. My work is grounded in lived experience and a strong commitment to amplifying the voices of culturally and linguistically diverse communities. I am passionate about contributing to more inclusive, equitable systems where children, young people, and families feel seen, heard, and supported.



How I want to have an impact

I hope to have an impact by encouraging others to live life to the fullest and to feel confident using their voice in decisions that affect them.

As a CAHS Ambassador, I am committed to supporting people to access services in ways that are inclusive, culturally safe, and responsive to their needs. I aim to contribute to environments where individuals feel respected, empowered, and genuinely heard.

Why I'm passionate about community representation and inclusive child health services

Living with cerebral palsy has shaped my strong commitment to community representation and inclusive child health services. I am particularly passionate about ensuring culturally diverse children, young people, and families feel seen, heard, and supported in ways that reflect their identities and experiences. I believe inclusive systems are strengthened when lived experience is valued and community voices are meaningfully included.



Learn more
about the CAHS
Community
Ambassadors

