



Padmini Saxena

Child and Adolescent Health Service
Community Ambassador

About me

I am an educator at heart, with more than 20 years of teaching experience in public schools across Perth, and prior to that, in India. Teaching has never simply been a profession for me. It is a calling, rooted in service, equity and the belief that every child deserves the opportunity to flourish. As both a parent and an educator, I have personally navigated the Child and Adolescent Health Service (CAHS) system. These lived experiences, combined with my professional background, have given me a deep understanding of the challenges families face, particularly those from culturally and linguistically diverse backgrounds.



How I want to have an impact

Across a wide range of health settings and services, there have been moments that highlight how preventable and devastating harm can occur when culturally and linguistically diverse families are not fully supported. These experiences have profoundly shaped my interest in advocacy. No family should ever face harm because of communication barriers, cultural misunderstandings, or broader systemic gaps. As a CAHS Ambassador, I am committed to ensuring that the voices, concerns and lived realities of culturally diverse families are heard clearly and respectfully by decision makers. I seek to help build bridges of trust, strengthen cultural responsiveness, and support meaningful improvements in how services can meet the needs of all families.

Why I'm passionate about community representation and inclusive child health services

My passion is grounded in a simple but powerful belief: every child deserves equitable access to healthcare and the opportunity to thrive. Too many children do not begin life on equal footing. Disadvantage, geographic isolation, cultural barriers and disability can quietly shape outcomes long before a child has a voice of their own. I feel a deep responsibility to stand beside families whose voices are often unheard and to advocate for systems that recognise, respect and respond to diversity with compassion.



Learn more
about the CAHS
Community
Ambassadors

