GUIDELINE

Infant Monitoring Clinic Referral Process

Scope (Staff):	Nursing and Medical Staff
Scope (Area):	NICU KEMH, NICU PCH, NETS WA

CAHS commits to being a child safe organisation by applying the National Principles for Child Safe Organisations

Read the full statement here:
CAHS Child Safe Organisation Commitment Statement

This document should be read in conjunction with this disclaimer

Aim

The Infant Monitoring Service is delivered by a specialised team of general paediatric specialist nurses and paediatricians, dedicated to providing supervision, support, and investigative care for infants at risk of sudden unexpected death, including Sudden Infant Death Syndrome (SIDS).

Infant Monitoring Specific Inclusion Criteria:

- Infants aged 6months or less
- Anticipation that physiologic monitoring will be required
- Infants at risk of SIDS
    - Sibling of previous SIDS cases
    - Brief resolved unexplained event (BRUE)
        - These cases should be fully investigated for an underlying cause as per BRUE guidelines available on the PCH intranet
- Infants with significant perinatal complications
    - Ex-premature infant with ongoing 'events' (apnoea/bradycardia /desaturation)
    - Medical condition predisposing to apnoea
        - Including structural airway problems such as Pierre Robin Sequence

Infant Monitoring Specific Exclusion Criteria:

- Infants requiring monitoring for primary respiratory conditions
- Infants experiencing recurrent seizures

Referral Process:

- If an infant is identified to need a home monitor, the case will need to be discussed with the infant monitoring clinic Consultant. The infant monitoring Consultants are Dr Paula Holmes and Dr Elysia Manley. Both Consultants are available via PCH switchboard on 6456 2222.
- Department of General Paediatrics Specialist Clinical Nurses are available to discuss the referral process and can be contacted via the following.
- Vocera as General Paediatrics CNS
  - Phone: (08) 6456 5671
  - Email: pch.deptgenpaednurses@health.wa.gov.au
- Once the patient has been accepted an **outpatient e-referral** is to be completed
  - Infant Monitoring Clinic.
  - Site: Perth Children's Hospital
  - Unit: General Medicine (GMED)/Infant Monitoring Clinic (GMIM)
  - Responder: Accepting Consultant
- General Paediatric nursing staff will arrange the monitor and consumables.
- General Paediatric nursing staff will provide education to parents/carers regarding use of the monitor and consumables. Please liaise with DGP nurses prior to discharge. If no general paediatric nurse is available, the 3B CNS/CNC can facilitate education.
- Three weeks supply of consumables and the home monitor will be given to the parent's/carers prior to discharge.
- PCH/KEMH nursing staff will provide CPR and SIDS education to the parents/carers prior to rooming out or discharge.
- The monitor can be connected for use in the ward for education purposes prior to mother crafting and discharge.
- Ensure the RMO or Consultant caring for patient at the time of discharge completes the Life Support Equipment Energy Subsidy form.

PLEASE NOTE:

- **An appointment will be booked with the Infant Monitoring Clinic within 6 weeks post discharge of the patient.** A follow up phone call to parent/carer will be provided by general paediatric specialist nurses 48 hours post discharge.
- Please note monitors are warning devices only.

Useful resources (including related forms)
Apnoea of Prematurity
CAHS Safe Infant Sleeping Policy
Infant Monitoring Clinic – Home Use Guide
PCH Infant Monitoring Clinic
PCH Health Facts – Infant Monitoring Clinic
Pierre Robin Sequence
Red Nose Safe Sleeping Brochure
What Is SIDS?

This document can be made available in alternative formats on request.

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Compassion Excellence Collaboration Accountability Equity Respect